



SCAN ME



10 Ways to REDUCE Your Footprint on the Earth



1. **Have no children or fewer children**



2. **Stop or restrict flying**: limit your flying to 1-2 domestic round trips a year or one international trip a year



3. **Go carless, or limit your car trips** to a certain number of gallons of gas a month (the more fuel-efficient your car, the farther you can go)



4. **Switch to clean, renewable energy** at home and switch to a hybrid or electric car if you need to drive; upgrade to energy-efficient appliances and reduce energy consumption at home wherever possible



5. **Eat a plant-based diet**: give up meat entirely or limit meat intake to a few times per week or month



6. **Buy less stuff**: reduce the possessions in your life, buy used, repair what you have, keep possessions you no longer need (and waste) *out* of a landfill and *in* a circular economy (donate, upcycle, recycle, downcycle when there are no other options), end your Amazon Prime membership



7. **Use less plastic**: *see *10 Ways to Use Less Plastic in Your Life*



8. **Compost** all your food scraps and organic material, compost pet waste in a separate system if possible (pet compost can go on non-edible crops)



9. **Flush pet waste** down the toilet rather than send it to a landfill to anaerobically decompose and off-gas methane



10. **Keep it local!** Support local and organic farmers, artisans and companies, grow your own food, be conscious of miles on food and goods, build resilient communities that can meet their needs locally rather than depend on fossil-fuel-intensive supply chains

